

Module Code:	FAW304
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Module Title:	Parents and the Performer
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Level:	3	Credit Value:	20
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Cost Centre(s):	GASP	JACS3 code:	C600
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Faculty:	Faculty of Social and Life Sciences	Module Leader:	Chris Hughes
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Scheduled learning and teaching hours	40 hrs
Guided independent study	160 hrs
Placement	0 hrs
Module duration (total hours)	200 hrs

Programme(s) in which to be offered (not including exit awards)	Core	Option
BSc (Hons) Football Coaching and the Performance Specialist (with Foundation Year)	✓	<input type="checkbox"/>

Pre-requisites
None

Office use only

Initial approval: 12/12/2018

Version no:1

With effect from: 01/09/2019

Date and details of revision:

Version no:

Module Aims

This module aims to:

To introduce the student to relationship factors that can affect performance. Demonstrating how the interaction of significant others (e.g. parents, siblings, coaches, teammates) can influence the athlete's behaviour.

Intended Learning Outcomes

Key skills for employability

- KS1 Written, oral and media communication skills
- KS2 Leadership, team working and networking skills
- KS3 Opportunity, creativity and problem solving skills
- KS4 Information technology skills and digital literacy
- KS5 Information management skills
- KS6 Research skills
- KS7 Intercultural and sustainability skills
- KS8 Career management skills
- KS9 Learning to learn (managing personal and professional development, self-management)
- KS10 Numeracy

At the end of this module, students will be able to

Key Skills

At the end of this module, students will be able to		Key Skills	
1	Articulate knowledge and understanding that recognises the influence significant others have on the performer.	KS1	KS4
		KS5	KS6
		KS10	
2	Demonstrate an understanding of how relationships can be managed in sport.	KS2	KS3
		KS5	KS6
		KS10	
3	Describe the behaviours presented by the significant other than may influence an athlete	KS1	KS3
		KS6	
4	Describe strategies that can be used to manage relationship interaction.	KS1	KS2
		KS5	KS6

Transferable skills and other attributes

Working independently, working in groups, IT, working in a practical and laboratory environment, self-management, problem solving, presentation skills.

Derogations

N/A

Assessment:

Indicative Assessment Tasks:

Assessment 1: **Essay:** The student will submit a written essay describing the influence that significant others have on the performer.

Assessment 2: **Presentation:** The students will demonstrate an understanding of how relationships can be managed in sport.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)	Duration (if exam)	Word count (or equivalent if appropriate)
1	1 & 3	Essay	40	n/a	1,400
2	2 & 4	Presentation	60	20 mins	n/a

Learning and Teaching Strategies:

This module will be taught through a series of lectures, seminars and field/laboratory practical's, with the primary emphasis on the application of theory to practice.

Syllabus outline:

- Introduction to Significant others in sport
- The Role of FAW
- The Role of the Parent
- Parental Behaviour
- Developing the Athlete
- Implications for the Coach
- Parents as Coaches
- Systems to Manage Challenging Behaviour

Indicative Bibliography:

Essential reading

U.S. Sports Academy (2015), *How to Effectively Manage Coach, Parent and Player Relationships*. Available from <http://thesportjournal.org/article/how-to-effectively-manage-coach-parent-and-player-relationships> . [Electronically accessed 7th June, 2016.]

Jowett, S. (2005), *The coach-athlete Partnership*. Available from <https://thepsychologist.bps.org.uk/volume-18/edition-7/coach-athlete-partnership> . [Electronically accessed 7th June, 2016.]

FAW (2014), *The FAW Football Code of Conduct*. Available from www.ajfl.org.uk/LeagueDocuments/download/7503 . [Electronically Accessed 7th June, 2016.]

Other indicative reading

Cassidy, T.G., Jones, R.L and Potrac, P.A. (2015). *Understanding Sports Coaching: The Pedagogical, Social and Cultural foundations of Coaching Practice*.

Jay, S. (2013). *Youth Football Coaching: Developing Your Team through the Season*. Bloomsbury Publishing PLC. London

Jones, R. L. (Ed.) (2006). *The sports coach as educator: Re-conceptualising sports coaching*. London: Routledge

Jones, R.L., Hughes, M., and Kingston, K. (Eds.) (2007). *An Introduction to sports coaching*. London: Routledge.